

ST. ALBERT
GYMNASTICS CLUB

SPRING FLIP INVITATIONAL

MARCH 7 & 8, 2026



VENUE

St. Albert Gymnastics Club
2A Riel Drive, St. Albert, AB
T8N 3Z7

FEES

CCP 1 & 2 \$110
CCP 3-8, Xcel \$140

We strongly encourage clubs to send in registration early. No registration will be taken once the event is at capacity. Payments must be received 10 days after registration has been received or your registration will be canceled.



CATEGORIES

WAG CCP 1 - 8
WAG All Xcel

DEADLINES

Registrations Open: November 25, 2025
Late Fee (\$30) Applies: January 12, 2026

PAYMENT

Preferred

eTransfer to:
accounts@stalbertgymnastics.com

Other

Cheque made out to:
St. Albert Gymnastics Club

 **780-459-4256**

 executivedirector@stalbertgymnastics.com

 www.stalbertgymnastics.com

REFUNDS

Refunds will only be issued upon receipt of a medical certificate by the first day of competition. No refunds will be considered once the event has started.

All medical refunds will incur a \$25.00 administrative fee.
Refunds will be issued after the event.

SCHEDULE

Final schedule will be available by February 21, 2026

MUSIC

All music must be uploaded to Sportzsoft by February 21, 2026. A backup of music (ipod) must be on the floor, CDs not accepted.

EQUIPMENT

All AGF, GCG and FIG equipment specifications will be in effect.

WAIVER

By registering an athlete for the Spring Flip Invitational, waiver of liability and consent is implied as covered by the AGF (or other governing body) waiver signed through the athletes club.

**FLOOR
RULES**

Only registered athletes & coaches will be allowed on the competition floor.

AWARDS

| LEVEL | MEDAL | RIBBON |
|----------------------|--------------------------------|------------------------------|
| CCP 1 & 2 | AA | 1st, 2nd & 3rd Each Event |
| CCP 3-8/ All Xcel | 1st, 2nd, 3rd AA and Events | 4th - 8th AA and Events |

MEDICAL

Medical attendant onsite throughout duration of event.

CONCESSION

Available onsite throughout the duration of the event.

ADMISSION

| | |
|--------------------------------|------|
| Child 6-11 & Senior | \$5 |
| Adult 12+ | \$7 |
| Family (up to 5) | \$20 |

50/50 RAFFLE

50/50 Raffle tickets will be available for purchase via Rafflebox during our meet. Proceeds from this Raffle will help support equipment purchases

PARKING

Our parking lot is designated for judges and volunteers only. See map with available attendee parking highlighted in red. *Parking attendants will be onsite throughout duration of event to guide you to parking locations.*

ACCOMMODATION

Best Western Plus The Inn at St. Albert
460 St. Albert Trail | St. Albert | AB | T8N 5J9

- 2 Queen \$149.99 plus taxes
 - Rate includes free deluxe hot breakfast
 - Must book before **February 9, 2026**
 - Call (780) 470-3800 and reference group: SAGC26
 - Or book online via this [LINK](#)
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Spring Flip Parking Locations

