# ACTIVE START

## BABYNASTICS — 6-18 months

| | |
|---|---|
| Monday 12:30pm-1:15pm | $147.00 |
| Monday 2:00pm-2:45pm | $147.00 |

## PARENT & TOT 1 — 18 months -2 years

| | |
|---|---|
| Monday 1:15pm-2:00pm | $252.00 |
| Monday 4:15pm-5:00pm | $252.00 |
| Wednesday 6:00pm-6:45pm | $273.00 |

## PARENT & TOT 2 — 2-3 years

| | |
|---|---|
| Sunday 9:15am-10:15am | $294.00 |
| Sunday 10:00am-11:00am | $294.00 |
| Tuesday 9:45am-10:45am | $294.00 |
| Tuesday 5:00pm-6:00pm | $319.00 |
| Wednesday 4:00pm-5:00pm | $319.00 |
| Wednesday 5:00pm-6:00pm | $319.00 |
| Saturday 8:30am-9:30am | $294.00 |
| Saturday 9:30am-10:30am | $294.00 |
| Saturday 10:30am-11:30am | $294.00 |

## MINI MOVERS — 3-4 years

| | |
|---|---|
| Sunday 9:00am-10:00am | $294.00 |
| Monday 10:00am-11:00am | $294.00 |
| Tuesday 4:00pm-5:00pm | $319.00 |
| Wednesday 4:00pm-5:00pm | $319.00 |
| Thursday 9:45am-10:45am | $319.00 |
| Saturday 9:30am-10:30am | $294.00 |

# CAN-GYM PROGRAM

## BURGUNDY/RED — 4-6 years

| | |
|---|---|
| Sunday 10:15am-11:15am | $294.00 |
| Sunday 11:30am-12:30pm | $294.00 |
| Monday 4:00pm-5:00pm | $294.00 |
| Tuesday 10:45am-11:45am | $319.00 |
| Wednesday 4:00pm-5:00pm | $319.00 |
| Wednesday 4:15pm-5:15pm | $319.00 |
| Thursday 10:45am-11:45am | $319.00 |
| Thursday 4:15pm-5:15pm | $319.00 |
| Thursday 5:30pm-6:30pm | $319.00 |
| Friday 5:30pm-6:30pm | $270.00 |
| Saturday 9:15am-10:15am | $294.00 |
| Saturday 10:45am-11:45am | $294.00 |

## BURGUNDY/RED — 7+ years

| | |
|---|---|
| Sunday 11:15am-12:15pm | $294.00 |
| Wednesday 5:15pm-6:15pm | $319.00 |
| Wednesday 6:00pm-7:00pm | $319.00 |
| Wednesday 6:15pm-7:15pm | $319.00 |
| Thursday 5:15pm-6:15pm | $319.00 |
| Saturday 10:15am-11:15am | $294.00 |
| Saturday 11:15am-12:15pm | $294.00 |

## TAN/BRONZE — 4-6 years

| | |
|---|---|
| Sunday 9:00am-10:30am | $363.70 |
| Sunday 11:00am-12:30pm | $363.70 |
| Monday 5:00pm-6:30pm | $363.70 |
| Thursday 4:00pm-5:30pm | $394.00 |
| Friday 4:00pm-5:30pm | $333.30 |
| Saturday 10:30am-12:00pm | $294.00 |

## TAN/BRONZE — 7+ years

| | |
|---|---|
| Sunday 9:00am-10:30am | $363.70 |
| Monday 5:00pm-6:30pm | $363.70 |

# SPECIALITY CLASSES

## PURPLE/BLUE — 5+ years

| | |
|---|---|
| Sunday 10:30am-12:30pm | $447.60 |
| Sunday 1:45pm-3:45pm | $447.60 |
| Monday 6:30pm-8:30pm | $447.60 |
| Wednesday 5:15pm-7:15pm | $485.00 |
| Friday 4:00pm-6:00pm | $410.30 |
| Saturday 8:45am-10:45am | $447.60 |

## TURQUOISE +

| | |
|---|---|
| Sunday 9:00am-12:00pm | $600.00 |
| Monday 5:00pm-8:00pm | $600.00 |
| Tuesday 4:30pm-7:30pm | $650.00 |

## PARKOUR BEGINNER — 6-9 years

| | |
|---|---|
| Sunday 12:30pm-1:30pm | $294.00 |
| Tuesday 4:00pm-5:00pm | $319.00 |
| Saturday 12:00pm-1:00pm | $294.00 |

## PARKOUR BEGINNER — 10+ years

| | |
|---|---|
| Monday 6:30pm-7:30pm | $363.70 |
| Tuesday 4:00pm-5:00pm | $319.00 |

## PARKOUR INTERMEDIATE

| | |
|---|---|
| Thursday 4:00pm-5:30pm | $394.00 |

## SENSORY FRIENDLY GYM

| | |
|---|---|
| Wednesday 11:00am-12:00pm | $319.00 |

## HOMESCHOOL — 4+ years

| | |
|---|---|
| Monday 11:00am-12:00pm (Beginner) | $319.00 |
| Monday 12:00pm-1:00pm (Intermediate) | $319.00 |

# SESSION DATES

| | | |
|---|---|---|
| **Mondays** | **January 4 - April 5** | **12 wk** |
| **Tuesdays** | **January 5 - March 30** | **13 wk** |
| **Wednesdays** | **January 6 - March 31** | **13 wk** |
| **Thursdays** | **January 7 - April 1** | **13 wk** |
| **Fridays** | **January 8 - April 2** | **11 wk** |
| **Saturdays** | **January 9 - April 3** | **12 wk** |
| **Sundays** | **January 10 - April 4** | **12 wk** |

## MORE FUN AT ST.ALBERT GYMNASTICS CLUB!

The fun doesn't stop with gymnastics classes! Explore our Open Gym for active play, celebrate your child's special day with one of our birthday parties, or discover PlayGym, where little ones can learn, play, and grow through movement and exploration! Visit our website to learn more about these programs, view schedules, and find the perfect actvity for your family!

# NEW PROGRAMMING

### SENSORY GYMNASTICS

A relaxed, sensory friendly gymnastics experience designed for children who benefit from a quieter, lower stimulation environment. The gym will feature reduced lighting, minimal background noise and limited activity from other programs. Children are welcome to participate in structured gymnastics activities or explore the gym at their own pace.

### PLAYGYM

At PlayGym, children learn through movement as well as exploration, discovery and play. They explore the foundations of gymnastics in the gym, then move to our activity room for creative, cross-curricular activities.

## COMING SOON

Keep an eye on our website and social media for upcoming camps and speciality workshops, including acro, tumbling, and more!

https://stalbertgymnastics.com

ST. ALBERT GYMNASTICS CLUB

# WINTER RECREATIONAL SCHEDULE 2027